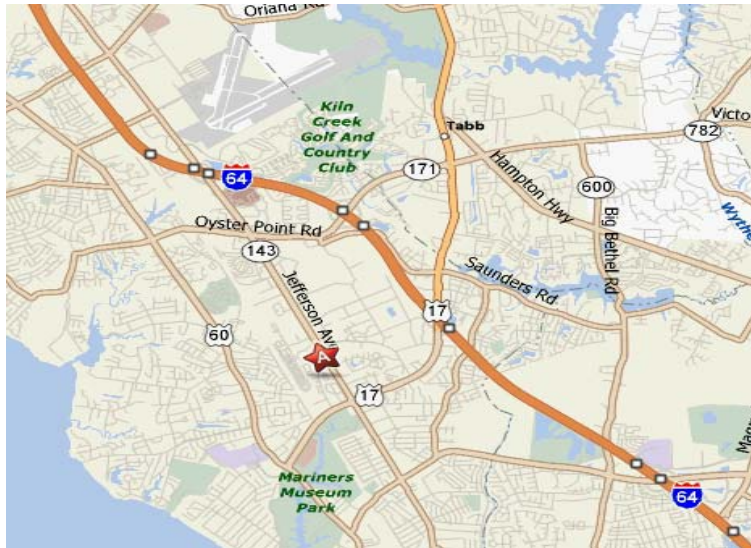




HEALTH RESEARCH
of
HAMPTON ROADS



**Directions from Newport News/Williamsburg
International Airport (PHF)**

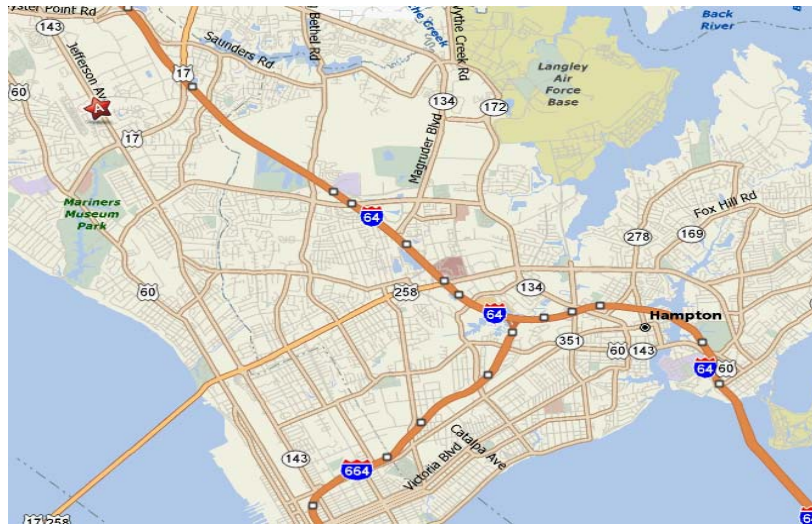
1. Exit airport via Bland Blvd.;
2. Go to Jefferson Avenue/143 and make a left (southward);
3. Stay on Jefferson Avenue for about 4 miles and go right (westward) onto Thimble Shoals Blvd.;
4. Go past the second island on Thimble Shoals Blvd. and make a left into our parking lot;
5. We are in the first row of buildings after pulling in the lot – Building 1.

**Health Research of Hampton Roads, Inc.
11747 Jefferson Avenue
Suite 1-B
Newport News, VA 23606-4401**

**Phone: (757) 591-8100
Fax: (757) 591-8600**



HEALTH RESEARCH *of* HAMPTON ROADS



Directions from Norfolk International Airport (ORF)

1. Exit airport at Norview Avenue (main road in airport turns directly into Norview Avenue);
2. Take Norview Avenue until Interstate 64 and get on Interstate 64 West (right lane);
3. Continue on I-64 over bridge and through tunnel towards Hampton/Newport News;
4. Will continue on I-64 for about 10 miles after bridge;
5. Exit at 258A exit (J. Clyde Morris Blvd. South/Rte 17 South);
6. Take J. Clyde Morris Blvd. until Jefferson Ave./143 and make a right (northward) onto Jefferson Avenue;
7. Go past Pilot House Dr. (stoplight) and at the next stoplight make a left at Thimble Shoals Blvd.;
8. Once on westbound Thimble Shoals, go past the second island and make another left into our parking lot;
9. We are in the first row of buildings after pulling in lot – Building 1.

Health Research of Hampton Roads, Inc.

11747 Jefferson Avenue

Suite 1-B

Newport News, VA 23606-4401

Phone: (757) 591-8100

Fax: (757) 591-8600