



## HEALTH RESEARCH of HAMPTON ROADS

11747 Jefferson Avenue, Suite 1-B  
Newport News, Virginia 23606  
Phone: (757) 591-8100 ♦ Fax: (757) 591-8600  
**Medical Director:** Chester L. Fisher, Jr., M.D., M.P.H.

### SITE PROFILE

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#### **Research Facility**

HRHR, Inc. is an independent, multi-therapeutic, outpatient clinical research site located in Newport News, Virginia. It is conveniently located near I-64 and is 1.5 miles from a local hospital. The 5,000 square foot research facility is staffed with full and part-time clinical research professionals. The research professionals includes two Board Certified Physicians, Certified Family Nurse Practitioners, registered nurses and Bachelor/Masters level employees with expertise in conducting and facilitating clinical research studies. HRHR operates according to written SOPs and provides in-house training to all employees.

Our site is affiliated with a large group of physicians with a variety of backgrounds and specialties. These physicians are Board Certified and have experience in clinical research.

#### **Experience**

HRHR, Inc. has conducted over 150 research studies and has been a leading national enroller in a variety of therapeutic areas since site initiation in 1998.

Our research experience/interest includes Phase II, III, and IV studies in the areas of:

Allergy	Obesity	Vaccine Research
Hypertension	Asthma	Smoking Cessation
Cholesterol	Headaches	Irritable Bowel
Chronic Pain	GERD	Overactive Bladder
Acute Infection	Gout	Depression
COPD	Diabetes	Osteoarthritis

#### **Patient Access**

The Hampton Roads area is home to over 1.6 million people. The diverse population includes individuals that serve in the military and are employed on the local military bases. Our site has a database of 3,000 patients from which potential participants can be quickly identified. We also have access to a database of approximately 150-300,000 patients through our affiliated physician groups.

#### **Facility Layout**

The site is designed to accommodate the needs of patients and sponsors. It contains 8 exam rooms, a laboratory, and secure storage areas for CRFs and Source documents.

#### **Special Equipment**

-20°C Freezer    -40°C Freezer    KoKo Spirometer  
12 Lead Electrocardiogram  
WelchAllyn Spirometer  
Refrigerated Centrifuge

#### **Physician on Staff**

- ♦ Board Certified in Preventive (Occupational) Medicine
- ♦ Board Certified in Family Practice 1982-2002

#### **Investigator**

Chester L. "Tim" Fisher, Jr., M.D., M.P.H.

A full-time, on-site physician and Medical Director, Dr. Fisher has owned and operated the clinical research site since opening in 1998. Dr. Fisher is an experienced Principal Investigator, conducting trials since 1985. He also has research experience with the Centers for Disease Control (CDC). He has conducted trials within numerous therapeutic areas including allergy, hypertension, hyperlipidemia, BPH, degenerative/rheumatoid arthritis, gout, COPD, IBS, GERD, vaginitis, acute infection (bronchitis, pneumonia, tonsillitis), and smallpox vaccination.

Education: Dr. Fisher graduated from Eastern Virginia Medical School, Norfolk, Virginia and completed his residency at Riverside Hospital/Medical College of Virginia. He also obtained a Master of Public Health from Emory University.

#### **Memberships**

Virginia Academy of Family Physicians  
American Academy of Family Practice – Fellow  
Drug Information Association  
American College of Occupational & Environmental Medicine  
American Academy of Pharmaceutical Physicians

#### **Sub-Investigators**

George H. Freeman, M.D., F.A.C.O.G, C.C.I.  
Frances "Fran" L. Newman, FNP-BC

#### **Staff**

Clinical Research Coordinator Credentials:  
1 RN, 1 LPN, 4 Bachelor of Science; 2 CCRC Certified Laboratory Technician: 1 MLT, B.S., M.S.  
Patient Recruiter: R.N.  
Site Administrator and CRC: B.S./C.C.R.P. Certified

#### Coordinators/Research Assistant/Patient Recruiter:

Rebecca Spooner, B.S., C.C.R.P.  
Jennifer Potts, B.S., C.R.C.  
Esther Smith, C.R.C.  
Karen Bradish, R.N., B.S.N.  
Holly LaPerriere, B.S., LPN, C.C.R.C.  
Marie Dillard, B.S., C.C.R.C.  
Joan Kippert, R.N. (Recruiter)